

Jeff Alt's Audio/ Visual Requirements, Travel Requirements and Event Introductory Bio.

We hope you will find this information helpful to make your event a success.

Audio Visual:

- ◇ head set or lapel microphone
- ◇ LCD Projection capability with audio output
PowerPoint
- ◇ Thumb drive or the ability to connect a PC laptop to the projections system

Travel Requirements:

- ◇ A non-stop round trip flight from Cincinnati or Dayton, Ohio when possible
- ◇ Car Rental or a driver
- ◇ Non-smoking hotel room

Speaking Fees

- ◇ Except when working through a speaking bureau, Jeff prefers a 50% deposit to secure a speaking event and the remaining speaking fee is due the day of the event.
- ◇ Travel costs can be estimated in advance and added to the speaking fee or billed to the client following the event.

Jeff Alt's Introductory Bio.

Let me introduce you to our speaker, Jeff Alt. He is an expert at utilizing outdoor adventures to improve yourself and your bottom line. He is a talented speaker, award-winning author of 5 books, and an accomplished adventurer. Jeff has walked the entire Appalachian Trail solo, over 2,000 miles; he hiked across the Sierra's of California with his wife; he trekked across Ireland carrying his 22-month old daughter on his back, accompanied by his wife and extended family, and his son was on the Appalachian Trail at 6 weeks of age. Jeff's Appalachian Trail adventure inspired an annual charity for the disabled that has raised over half a million dollars.

Jeff has been featured on Hallmark Channel, ESPN, CNN-Radio, Discovery Channel.com, USA Today, and in Backpacker Magazine, Fitness RX for Men, Women's Health, Shape, US News & World Report, and many more! Jeff holds a Master's Degree in Speech Language Pathology from Miami of Ohio and a Marketing Degree from the University of Toledo. He is a member of The National Speakers Association (NSA) & the Outdoor Writers Association (OWAA). Jeff recently filmed a TEDx Talk about his Life Lessons from the Trail.

Jeff lives with his wife and two children in Cincinnati, Ohio.

Energize, Improve Work/Life Balance and Increase Your Bottom Line!

Call 513-227-2301 to schedule Jeff Alt

Life Lessons from the Trail presentations, is the speaking division of Dreams Shared
Publications, LLC
Jeff@jeffalt.com www.jeffalt.com